

PARENTING TEENAGERS

With broadcaster and journalist,

Suzie Hayman

Public talk + Q&A with St John's sixth form students

Saturday, 22nd October 2016: 10.00 – 12.30

St John's Academy, Granham Hill, Marlborough SN8 4AX

Refreshments and books available to purchase

Parenting teens is hard! This event is for all parents, step-parents, grandparents and carers of young people aged 11 to 21, as well as professionals. It will leave you feeling more knowledgeable, skilled and competent in dealing with a whole range of topics, including:

- Moving from raising children to guiding teenagers
- Neuroscience - why they do what they do
- Selfies, sexting and trolling - social media, the internet and digital devices
- Porn, violence and misogyny
- Anorexia and cutting
- Step-families
- Resilience - building and encouraging it



Suzie Hayman

Suzie Hayman is a parenting educator, broadcaster and author of 31 books on families, including *Raise a Happy Teenager* and *How to Have a Happy Family Life*. She's agony aunt for Woman magazine, and has written for The Times and The Saturday Guardian, Woman's Own and BBC Health Online. Suzie was the counsellor seen working with five families in the major 2005 BBC series, *Stepfamilies*.



**Wendy
Bramham
Therapy**



Join us and bring your questions!

Tickets: £13.50 (2 + tickets) or £15 (single tickets)

Online bookings: www.wendybramham.co.uk (seminars tab)
and St John's: <https://www.ticketsource.co.uk/event/137892>

Organised by Wendy Bramham Therapy and St John's Marlborough
Event enquiries: seminars@wendybramham.co.uk Tel: 07464 783446

