



Wendy Bramham Therapy

Counselling, Psychotherapy & Complementary Health
in Newbury & Marlborough

www.wendybramham.co.uk

Opening the Hidden Door: Working with Dreams in Therapy Matthew Harwood

Saturday, 24th September 2016, 9.30 am – 5.30 pm
St Nicolas' Hall, West Mills, Newbury, RG14 5HG

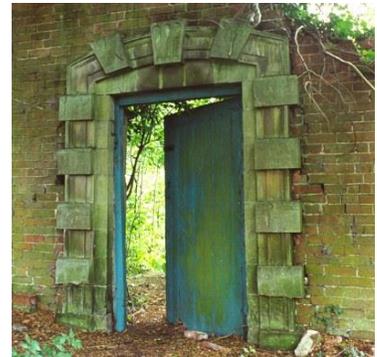
'The dream is a little hidden door in the innermost and most secret recesses of the soul.' (CG Jung)

Please note: the material for this workshop will be different from Matthew's previous seminar held at Wendy Bramham Therapy in 2014.

Introduction

Learning how to interpret dreams is a specialist topic within the whole field of psychotherapy and many practitioners feel inadequately prepared for the dream material which their clients bring – material which, if properly understood, can supply vital information about the client's unconscious psycho-dynamics, and bring healing & growth.

This workshop is designed to fill the gap. Utilising a highly practical & systematic approach, the participants will learn the basic principles of effective dream interpretation and, through a series of exercises based on client material supplied, will have the opportunity to practise & improve their skills. The methods taught may be used by counsellors & therapists from all trainings & orientations and require no previous dream-work experience. They will also give the participants powerful tools enabling them to interpret their own dreams.



Biography – Matthew Harwood (back by popular demand)

Matthew (www.matthewharwood.co.uk) is a Jungian Analyst & Psychotherapist in private practice in the Bath & Bristol area. He has a Diploma in Analytical Psychology from the CG Jung Institute in Zürich. He is a senior (training) analyst with the Independent Group of Analytical Psychologists (IGAP) and has a specialist interest in working with dreams & active imagination. He has also completed trainings in Pesso Boyden Psychotherapy & Internal Family Systems therapy (IFS). He is a gifted communicator who has lectured & given workshops widely in the UK & overseas and is well-known for his lively & inspirational style of presentation.

"I found this to be one of the best workshops I have attended in a long while. Clear, concise and inspiring." Attendee's feedback, Matthew's previous dream seminar in 2014 at WBT.

This seminar will be open to all therapists and health professionals.

"Early bird" price before 24th August 2016: £85, or after £95. Does not include lunch.

Venue: St Nicolas' Hall, West Mills, Newbury, West Berkshire RG14 5HG

Online bookings and payment now available at our website, plus full seminar programme:

www.wendybramham.co.uk (seminars tab)

Contact: <mailto:seminars@wendybramham.co.uk> or phone 07464 783446